



Ealing Lawn Tennis Club

COACHING AND ORGANISED TENNIS WEEKLY SCHEDULE

(As of 11-2020)

DAY / TIME	SESSION	COACH / ORGANISER
Monday 19:00 – 20:00	CARDIO TENNIS	Gham Patel (coach) – 07801 736009 (Pre-book only)
Mon, Tues, Wed, Fri 10:00 – 13:00	LADIES MORNING	Hiroko Craven (HC Tennis) info@hctennis.co.uk
Tuesday & Thursday 14:00 – 16:00	MIDWEEK AFTERNOON SOCIAL	Participants
Wednesday From 18:00	WEDNESDAY EVENING SOCIAL	Janice Coulthard (pre-book only) janice.coulthard@ntlworld.com
Wednesday 18:00-19:00 (paused during Tier 2 restrictions)	BEGINNER DROP-IN (free of charge)	Gham Patel (coach) Drop-in (max of 12 players)
Wednesday 18:00 – 19:00 (Tier 2) 19:00 – 20:00 (regular)	CARDIO TENNIS	Gham Patel (coach) – 07801 736009 (Pre-book only)
Thursday 11:00-13:00	ADULT FITNESS & TENNIS Open to members & non-members Free-of charge	clubmanager@ealingtennis.com
Saturday 10:30 – 11:30	CARDIO TENNIS	Gham Patel (coach) – 07801 736009 (Pre-book only)
Sunday 10:00 – 11:30	ADULT GROUP COACHING (INTERMEDIATE)	Hiroko Craven (HC Tennis) info@hctennis.co.uk
Sunday 11:30-13:00	ADULT GROUP COACHING (BEGINNER)	Hiroko Craven (HC Tennis) info@hctennis.co.uk
Sunday 18:00 – 19:30	TEAM PRACTICE	First team players annekaels@hotmail.com alexbrown76@yahoo.co.uk

ELTC JUNIOR COACHING PROGRAMME

(George Matheou)

Monday – Friday after school and Saturday morning
In the indoor dome courts

HC TENNIS JUNIOR COACHING

(Hiroko Craven)

Monday – Friday after school
On the outside clay courts

INDIVIDUAL COACHING

Is available with the ELTC coaching team

SMALL ADULT GROUPS

Available with Gham Patel (coach) on request

**Within the Court Usage Policy*

Contact coaches/organisers directly for costs & availability

ealingtennis.com/coaching-team

ealingtennis.com/coaching